

A PCRA is to be performed prior to contact with every patient, every time even if the patient has been placed on Additional Precautions as more PPE may be required.

1. Will my hands be in contact with mucous membranes, non-intact skin, BBF<sup>2</sup> or contaminated items?

YES

WEAR NON-STERILE GLOVES

NO

2. Will my clothing or skin become soiled from splashes/sprays or contact with items contaminated with BBF<sup>2</sup>?

YES

WEAR GOWN

NO

3. Will my eyes, face or mucous membranes be splashed/sprayed with BBF<sup>2</sup> or within 2 metres of a coughing or vomiting patient?

YES

WEAR FACIAL PROTECTION (mask and eye)

Perform hand hygiene before and after using PPE

**Notes**  
 1 Environment = Any area within 2 metres of the patient as well as their belongings and bathroom or the immediate space around a patient that may be touched but the patient AND may be touched by the health care provider when providing care of performing tasks.  
 2. BBF = Blood and body fluids (includes urine, feces, wound drainage, saliva, vomit, CSF, sputum, nasal secretions, semen, vaginal secretions)

**Definitions**  
 Routine Practices: The system of infection prevention and control practices to be used with all patients/residents during all care to prevent and control transmission of microorganisms in all health care settings including but not limited to:

- Point of care risk assessment
- Hand hygiene
- Respiratory hygiene (etiquette)
- Patient placement, accommodation and flow
- Aseptic technique
- Use of PPE
- Management of the patient care environment
- Waste and sharps handling
- Education

Public Health Agency of Canada